



Agency Dashboard

Agency Dashboard

KEYWORD TRACKING REPORT

Lifebalance.ae/

lifebalance.ae

A snapshot of how the tracked keywords are performing right now compared with when tracking began.

TOTAL KEYWORDS

62

in tracking

57 ranked • 5 unranked

36

↑ Keywords Up

since start

31/62

In Top 3

↑23 since start

51/62

In Top 10

↑33 since start

55/62

In Top 20

↑36 since start

56/62

In Top 30

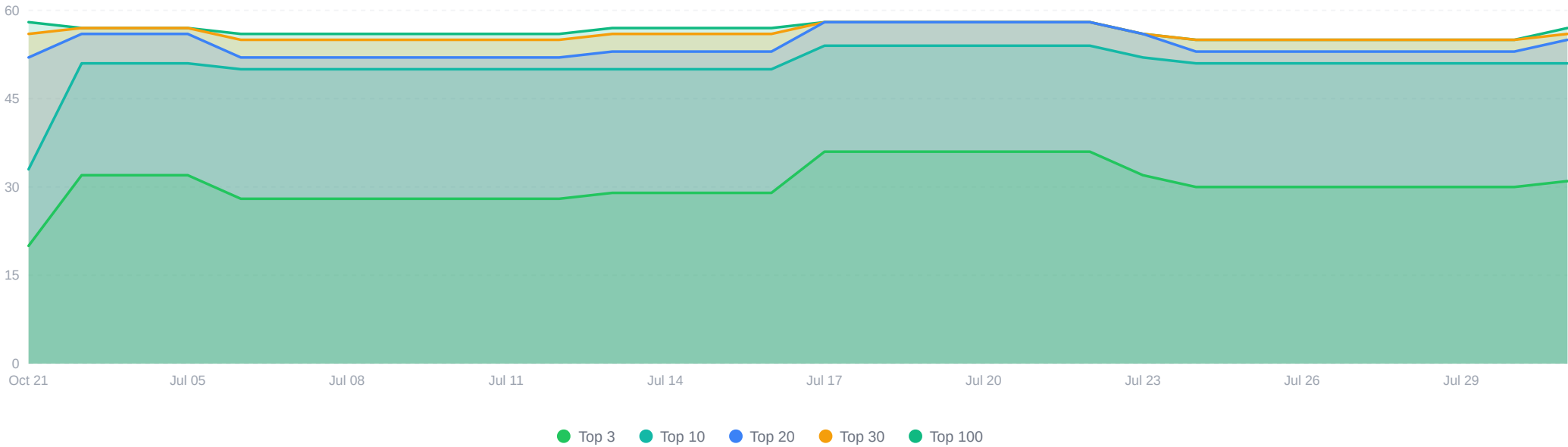
↑36 since start

57/62

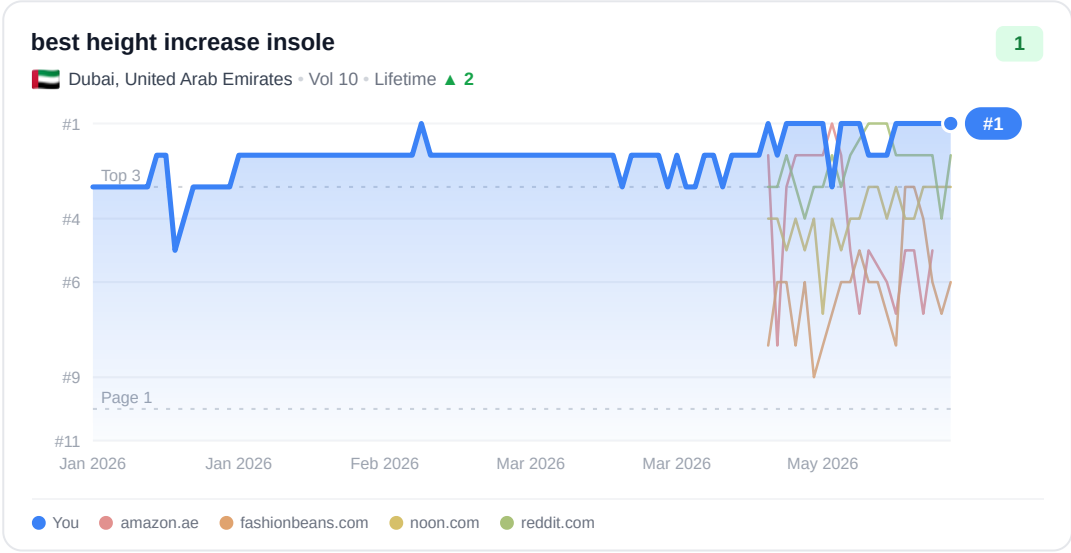
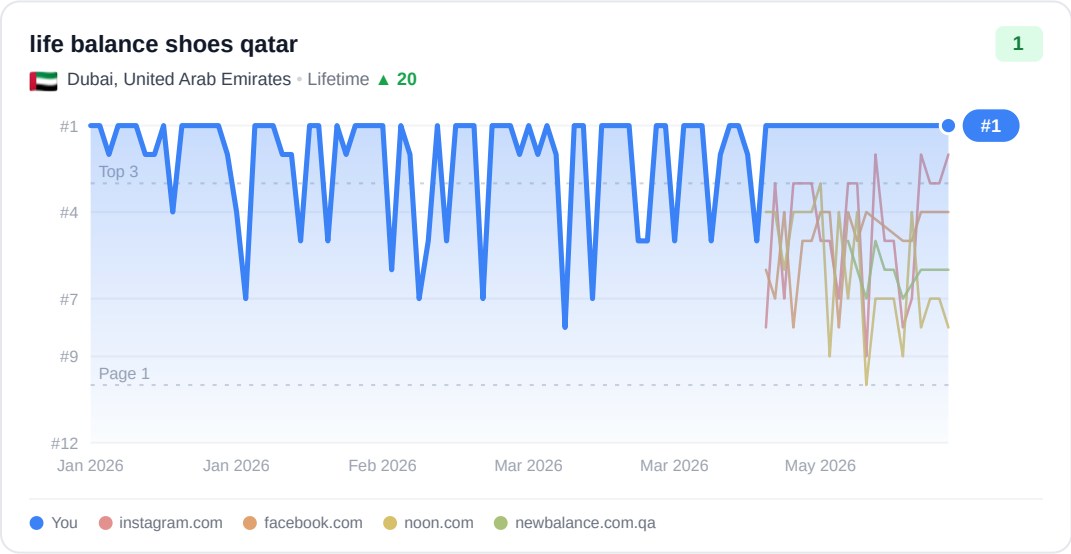
In Top 100

↑36 since start

Keywords in top positions since Oct 21, 2025



Each keyword's Google rank over time. #1 sits at the top; the shaded blue line tracks your position, with dashed guides at Top 3 and Page 1. 4 keywords not shown — not enough ranking history yet.



telic slippers

 Dubai, United Arab Emirates • Vol 90 • Lifetime ▲ 1

1



lifebalance foot care abu dhabi

 Dubai, United Arab Emirates • Vol 10 • Lifetime ▲ 17

1



how much height do insoles add

 Dubai, United Arab Emirates • Vol 20 • Lifetime ▲ 33

1



life balance

 United Arab Emirates • Vol 2,900 • Lifetime ▲ 9

1



plantar fasciitis socks

🇦🇪 Dubai, United Arab Emirates • Lifetime 0

1



● You ● os1st.com ● bhamfoot.com ● amazon.ae ● powerstep.com

life balance foot care abu dhabi

🇦🇪 United Arab Emirates • Vol 10 • Lifetime ▲ 14

1



● You ● facebook.com ● instagram.com ● linkedin.com ● trip.com

life balance foot care

🇦🇪 United Arab Emirates • Vol 10 • Lifetime ▲ 12

1



● You ● facebook.com ● instagram.com ● amazon.ae ● linkedin.com

insoles to make you taller

🇦🇪 Dubai, United Arab Emirates • Vol 1,000 • Lifetime ▲ 1

2



● You ● tallmenshoes.com ● carrefouruae.com ● amazon.ae ● conzuri.com

orthopedic shoes abu dhabi

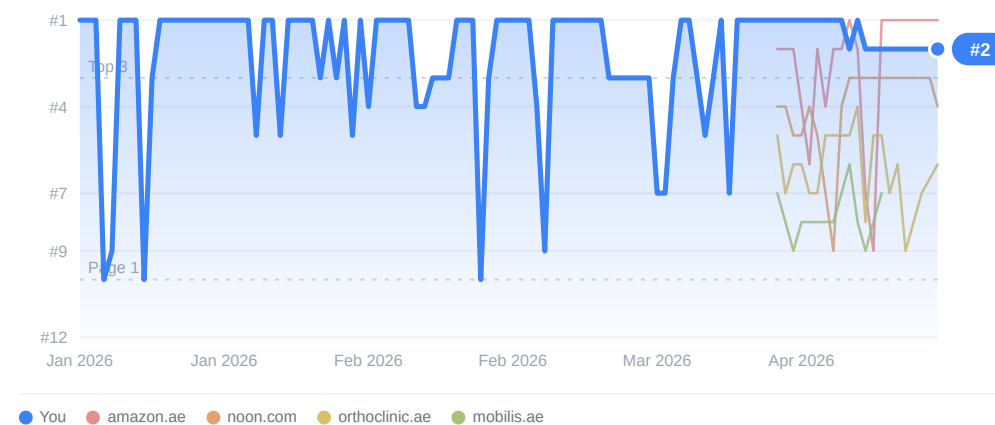
🇦🇪 Dubai, United Arab Emirates • Vol 10 • Lifetime ▲ 1



2

quick fit insole uae

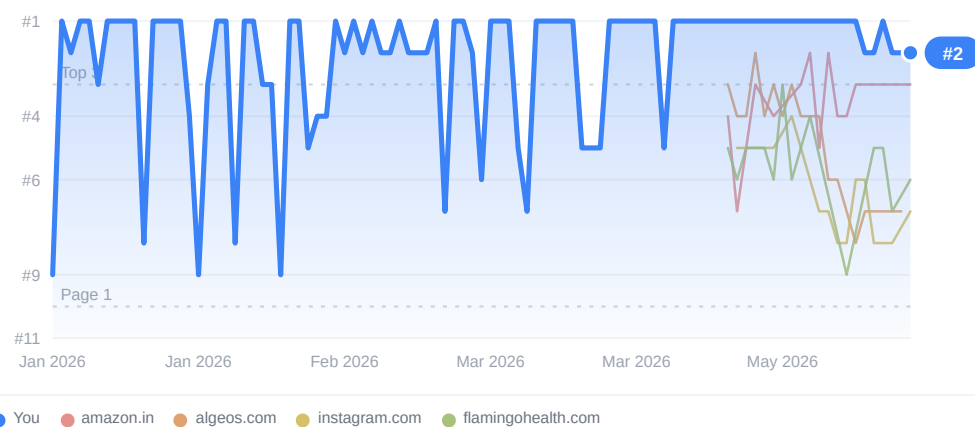
🇦🇪 United Arab Emirates • Lifetime ▲ 13



2

silicone heel pad uses

🇦🇪 Dubai, United Arab Emirates • Vol 10 • Lifetime ▲ 13



2

custom insoles

🇦🇪 United Arab Emirates • Vol 6,600 • Lifetime ▲ 15



2

do shoe insoles make you taller

 Dubai, United Arab Emirates • Vol 10 • Lifetime 0

2



best insoles for height

 Dubai, United Arab Emirates • Vol 10 • Lifetime ▲ 2

2



best height insoles

 United Arab Emirates • Vol 140 • Lifetime ▲ 13

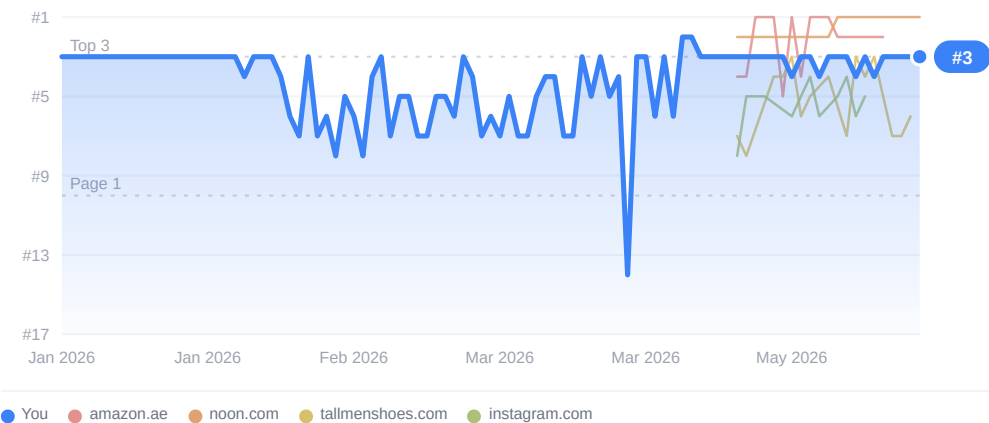
2



insoles for height

 Dubai, United Arab Emirates • Vol 3,600 • Lifetime 0

3



custom insoles for flat feet

Dubai, United Arab Emirates • Lifetime ▼ 1

3



silicon heel

Dubai, United Arab Emirates • Vol 110 • Lifetime ▼ 1

3



zamst a2-dx

Dubai, United Arab Emirates • Lifetime ▲ 11

3



insole for flat feet

Dubai, United Arab Emirates • Vol 27,100 • Lifetime ▲ 5

3



zamst a2-dx ankle brace

🇦🇪 Dubai, United Arab Emirates • Lifetime ▲ 19

3



● You ● zamst.com ● youtube.com ● zamst.us ● amazon.ae

most comfortable height insoles

🇦🇪 Dubai, United Arab Emirates • Vol 20 • Lifetime ▲ 18

3



● You ● reddit.com ● fashionbeans.com ● tallmenshoes.com ● amazon.ae

heel cushions for shoes

🇦🇪 Dubai, United Arab Emirates • Vol 8,100 • Lifetime ▼ 1

3



● You ● amazon.ae ● noon.com ● lifepharmacy.com ● medi-dyne.com

heel pad for shoes

🇦🇪 Dubai, United Arab Emirates • Vol 1,900 • Lifetime ▼ 1

3



● You ● amazon.ae ● noon.com ● youtube.com ● amazon.in

arch support insoles

United Arab Emirates • Vol 12,100 • Lifetime ▲ 7

3



flat feet insoles

Dubai, United Arab Emirates • Lifetime ▲ 10

3



foot balance

United Arab Emirates • Vol 390 • Lifetime ▲ 7

3



customised insole

Dubai, United Arab Emirates • Vol 6,600 • Lifetime ▼ 3

4



medical insoles

 Dubai, United Arab Emirates • Vol 110 • Lifetime ▲ 13



custom shoe insoles

 United Arab Emirates • Vol 590 • Lifetime ▲ 14



custom insoles dubai

 Dubai, United Arab Emirates • Vol 10 • Lifetime ▲ 13



custom shoe insoles

 Dubai, United Arab Emirates • Vol 590 • Lifetime ▲ 13



toe corrector

Dubai, United Arab Emirates • Vol 1,900 • Lifetime ▼ 2

4



● You ● amazon.ae ● noon.com ● correcttoes.com ● youtube.com

best shoe inserts for height

Dubai, United Arab Emirates • Vol 140 • Lifetime ▼ 2

4

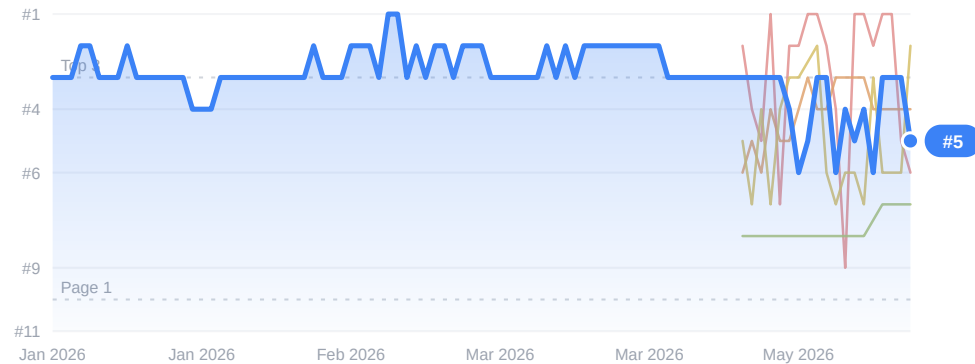


● You ● noon.com ● tallmenshoes.com ● reddit.com ● fashionbeans.com

footbalance insoles

Dubai, United Arab Emirates • Vol 70 • Lifetime ▼ 2

5



● You ● footbalance.com ● instagram.com ● amazon.ae ● facebook.com

insoles for shoes dubai

Dubai, United Arab Emirates • Vol 10 • Lifetime ▲ 5

5



● You ● noon.com ● aetrex.ae ● xtremity.ae ● bauerfeind.ae

flat foot insole

 Dubai, United Arab Emirates • Vol 260 • Lifetime 0



5

insoles for shoes

 United Arab Emirates • Vol 33,100 • Lifetime ▲ 4



6

custom insole

 Dubai, United Arab Emirates • Vol 6,600 • Lifetime ▲ 11



6

height increase insole

 United Arab Emirates • Vol 210 • Lifetime ▲ 3



6

insoles dubai

🇦🇪 Dubai, United Arab Emirates • Vol 10 • Lifetime ▼ 1

6



arch support sandals

🇦🇪 Dubai, United Arab Emirates • Vol 20 • Lifetime ▼ 2

6



shoe insoles

🇦🇪 Dubai, United Arab Emirates • Vol 590 • Lifetime ▼ 4

7



wedge insoles for height

🇦🇪 Dubai, United Arab Emirates • Vol 20 • Lifetime ▼ 3

8



orthopedic sandals

United Arab Emirates • Vol 8,100 • Lifetime ▲ 8

9



You amazon.ae noon.com aetrex.ae healthyfeetstore.com

heel pads

Dubai, United Arab Emirates • Vol 3,600 • Lifetime ▼ 8

10



You amazon.ae noon.com youtube.com sidas.com

foot care products uae

United Arab Emirates • Lifetime ▲ 4

10



You thebodyshop.ae watsons.ae noon.com chemistwarehouse.ae

shoe insole

United Arab Emirates • Lifetime ▼ 4

12



You amazon.ae noon.com ecco.ae soletherapy.ae

brooks adrenaline gts 24

🇦🇪 Dubai, United Arab Emirates • Vol 60,500 • Lifetime ▲ 5

14



arch support shoes

🇦🇪 Dubai, United Arab Emirates • Vol 140 • Lifetime ▲ 17

15



nail fungus spray

🇦🇪 Dubai, United Arab Emirates • Vol 70 • Lifetime ▲ 8

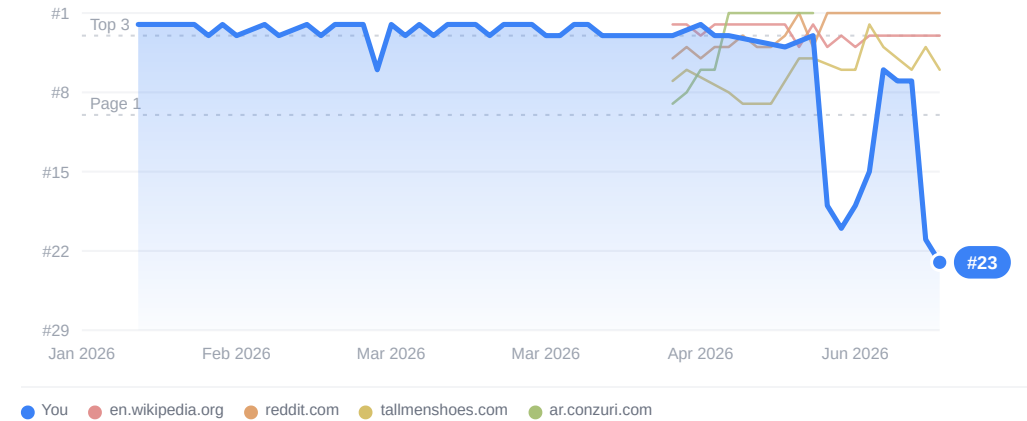
15



what are shoe lifts

🇦🇪 Dubai, United Arab Emirates • Vol 10 • Lifetime ▼ 20

23



footlogix nail tincture spray

 Dubai, United Arab Emirates • Vol 40 • Lifetime ▼ 21

36



comfortable shoes uae

 United Arab Emirates



Tracked Keywords (62)

All keywords being tracked. Ranks color-coded: green (1-3), blue (4-10), yellow (11-20), gray (21+). Change arrows: green = improved, red = dropped.

KEYWORD	INT	LOCATION	PAGE	START	RANK	1D	7D	30D	LIFE	VOL	COMP	RANKING URL	DATE
life balance shoes qatar	C	Dubai, United Arab Emirates	1	21	1	0	0	0	▲ 20	-	-	/stores	Jan 14, 2026
silicon heel pad	T	Dubai, United Arab Emirates	1	1	1	0	0	▲ 3	0	390	100	/product/heel-silicon-pad	Jan 14, 2026
lifebalance foot care dubai	I	Dubai, United Arab Emirates	1	16	1	0	0	0	▲ 15	10	2300	/	Jan 14, 2026
best height increase insole	C	Dubai, United Arab Emirates	1	3	1	0	0	0	▲ 2	10	100	/top-height-increasing-insoles	Jan 14, 2026
telic slippers	I	Dubai, United Arab Emirates	1	2	1	▲ 1	0	▲ 1	▲ 1	90	100	/brand/telic	Jan 14, 2026
lifebalance foot care abu dhabi	C	Dubai, United Arab Emirates	1	18	1	0	0	0	▲ 17	10	-	/	Jan 14, 2026
how much height do insoles add	I	Dubai, United Arab Emirates	1	34	1	0	0	0	▲ 33	20	38	/height-lifting-shoe-insoles	Jan 14, 2026
life balance	I	United Arab Emirates	1	10	1	0	0	0	▲ 9	2,900	1	/	Oct 21, 2025
plantar fasciitis socks	T	Dubai, United Arab Emirates	1	1	1	0	0	0	0	-	-	/product/os1st-plantar-fasciitis-socks-c...	Jan 14, 2026
life balance foot care abu dhabi	C	United Arab Emirates	1	15	1	0	0	0	▲ 14	10	800	/	Oct 21, 2025
life balance foot care	C	United Arab Emirates	1	13	1	0	0	0	▲ 12	10	0	/	Oct 21, 2025
insoles to make you taller	I	Dubai, United Arab Emirates	1	3	2	0	0	▲ 5	▲ 1	1,000	100	/top-height-increasing-insoles	Jan 14, 2026
orthopedic shoes abu dhabi	I	Dubai, United Arab Emirates	1	3	2	0	0	▼ 1	▲ 1	10	-	/	Jan 14, 2026
quick fit insole uae	T	United Arab Emirates	1	15	2	0	0	0	▲ 13	-	-	/product/quickfit-balance-insoles	Oct 21, 2025
silicone heel pad uses	I	Dubai, United Arab Emirates	1	15	2	0	0	▼ 1	▲ 13	10	-	/how-to-use-a-silicone-heel-cup	Jan 14, 2026
custom insoles	C	United Arab Emirates	1	17	2	▲ 1	▲ 1	▲ 1	▲ 15	6,600	100	/product-category/insoles	Oct 21, 2025
do shoe insoles make you taller	I	Dubai, United Arab Emirates	1	2	2	0	▲ 2	▼ 1	0	10	49	/top-height-increasing-insoles	Jan 14, 2026
best insoles for height	C	Dubai, United Arab Emirates	1	4	2	0	0	▲ 1	▲ 2	10	10000	/top-height-increasing-insoles	Jan 14, 2026
best height insoles	C	United Arab Emirates	1	15	2	▲ 1	0	▲ 1	▲ 13	140	100	/top-height-increasing-insoles	Oct 21, 2025
insoles for height	I	Dubai, United Arab Emirates	1	3	3	0	0	0	0	3,600	100	/height-lifting-shoe-insoles	Jan 14, 2026
custom insoles for flat feet	C	Dubai, United Arab Emirates	1	2	3	0	0	0	▼ 1	-	-	/the-best-arch-support-insoles-for-flat-...	Jan 14, 2026
silicon heel	I	Dubai, United Arab Emirates	1	2	3	▼ 2	▼ 1	0	▼ 1	110	100	/how-to-use-a-silicone-heel-cup	Jan 14, 2026
zamst a2-dx	I	Dubai, United Arab Emirates	1	14	3	0	0	▼ 1	▲ 11	-	-	/product/zamst-a2-dx-ankle-support	Jan 14, 2026

Keyword	INT	Location	Page	Start	Rank	1D	7D	30D	Life	Vol	Comp	Ranking URL	Date
insole for flat feet	I	 Dubai, United Arab Emirates	1	8	3	▲ 2	▲ 2	▲ 2	▲ 5	27,100	100	/the-best-arch-support-insoles-for-flat-...	Jan 14, 2026
zamst a2-dx ankle brace	T	 Dubai, United Arab Emirates	1	22	3	▼ 1	▼ 1	▼ 1	▲ 19	-	-	/product/zamst-a2-dx-ankle-support	Jan 14, 2026
most comfortable height insoles	C	 Dubai, United Arab Emirates	1	21	3	0	0	▲ 1	▲ 18	20	100	/top-height-increasing-insoles	Jan 14, 2026
heel cushions for shoes	I	 Dubai, United Arab Emirates	1	2	3	0	0	▲ 4	▼ 1	8,100	100	/product/heel-silicon-pad	Jan 14, 2026
heel pad for shoes	T	 Dubai, United Arab Emirates	1	2	3	▼ 1	▼ 1	0	▼ 1	1,900	100	/product/heel-silicon-pad	Jan 14, 2026
arch support insoles	C	 United Arab Emirates	1	10	3	▲ 1	0	▲ 2	▲ 7	12,100	100	/the-best-arch-support-insoles-for-flat-...	Oct 21, 2025
flat feet insoles	T	 Dubai, United Arab Emirates	1	13	3	▲ 5	▲ 2	▲ 2	▲ 10	-	-	/the-best-arch-support-insoles-for-flat-...	Jan 14, 2026
foot balance	I	 United Arab Emirates	1	10	3	▼ 1	▼ 1	▼ 1	▲ 7	390	76	/	Oct 21, 2025
customised insole	I	 Dubai, United Arab Emirates	1	1	4	0	0	▼ 2	▼ 3	6,600	100	/product-category/insoles	Jan 14, 2026
medical insoles	I	 Dubai, United Arab Emirates	1	17	4	0	0	▼ 2	▲ 13	110	100	/	Jan 14, 2026
custom shoe insoles	I	 United Arab Emirates	1	18	4	0	0	▲ 1	▲ 14	590	100	/product-category/insoles/100-custom	Oct 21, 2025
custom insoles dubai	C	 Dubai, United Arab Emirates	1	17	4	0	0	▼ 1	▲ 13	10	3500	/	Oct 21, 2025
custom shoe insoles	I	 Dubai, United Arab Emirates	1	17	4	▼ 1	▼ 1	▼ 1	▲ 13	590	100	/product-category/insoles/100-custom	Oct 21, 2025
toe corrector	T	 Dubai, United Arab Emirates	1	2	4	▲ 21	▼ 1	▲ 3	▼ 2	1,900	100	/product/hammer-toe-corrector	Jan 14, 2026
best shoe inserts for height	C	 Dubai, United Arab Emirates	1	2	4	0	0	▲ 6	▼ 2	140	100	/top-height-increasing-insoles	Jan 14, 2026
footbalance insoles	C	 Dubai, United Arab Emirates	1	3	5	▼ 2	▼ 2	0	▼ 2	70	100	/brand/footbalance	Jan 14, 2026
insoles for shoes dubai	C	 Dubai, United Arab Emirates	1	10	5	▲ 1	▲ 1	▼ 2	▲ 5	10	2000	/	Oct 21, 2025
flat foot insole	T	 Dubai, United Arab Emirates	1	5	5	▲ 4	▲ 4	▲ 3	0	260	10000	/the-best-arch-support-insoles-for-flat-...	Jan 14, 2026
insoles for shoes	I	 United Arab Emirates	1	10	6	-	-	0	▲ 4	33,100	100	/	Oct 21, 2025
custom insole	I	 Dubai, United Arab Emirates	1	17	6	▼ 1	▲ 1	▼ 3	▲ 11	6,600	100	/product/100-custom-control-insoles	Jan 14, 2026
height increase insole	C	 United Arab Emirates	1	9	6	▼ 1	▼ 1	▲ 1	▲ 3	210	100	/top-height-increasing-insoles	Oct 21, 2025
insoles dubai	C	 Dubai, United Arab Emirates	1	5	6	▼ 1	▼ 1	▼ 1	▼ 1	10	1800	/	Oct 21, 2025
arch support sandals	T	 Dubai, United Arab Emirates	1	4	6	▼ 1	▲ 3	▼ 2	▼ 2	20	10000	/arch-support-sandals-for-flat-feet-reli...	Jan 14, 2026
shoe insoles	T	 Dubai, United Arab Emirates	1	3	7	▼ 1	▲ 10	▲ 12	▼ 4	590	10000	/	Jan 14, 2026
wedge insoles for height	C	 Dubai, United Arab Emirates	1	5	8	0	0	▼ 1	▼ 3	20	100	/height-lifting-shoe-insoles	Jan 14, 2026

KEYWORD	INT	LOCATION	PAGE	START	RANK	1D	7D	30D	LIFE	VOL	COMP	RANKING URL	DATE
orthopedic sandals	I	 United Arab Emirates	2	17	9	▲ 1	▲ 1	▲ 1	▲ 8	8,100	100	/product-category/sandals	Oct 21, 2025
heel pads	I	 Dubai, United Arab Emirates	2	2	10	▼ 5	▼ 2	▼ 7	▼ 8	3,600	100	/product/heel-silicon-pad	Jan 14, 2026
foot care products uae	C	 United Arab Emirates	1	14	10	▼ 5	0	▼ 8	▲ 4	-	-	/	Oct 21, 2025
shoe insole	T	 United Arab Emirates	2	8	12	-	▲ 1	▲ 8	▼ 4	-	-	/	Oct 21, 2025
brooks adrenaline gts 24	C	 Dubai, United Arab Emirates	2	19	14	▼ 5	▼ 5	▲ 5	▲ 5	60,500	100	/product/brooks-adrenaline-gts-24	Jan 14, 2026
arch support shoes	T	 Dubai, United Arab Emirates	2	32	15	▼ 6	▼ 5	▼ 8	▲ 17	140	10000	/arch-support-for-walking	Jan 14, 2026
nail fungus spray	T	 Dubai, United Arab Emirates	2	23	15	▲ 2	0	▲ 1	▲ 8	70	10000	/product/footlogix-anti-fungal-toe-spray	Jan 14, 2026
what are shoe lifts	I	 Dubai, United Arab Emirates	3	3	23	▼ 2	▼ 16	▼ 8	▼ 20	10	-	/height-lifting-shoe-insoles	Jan 14, 2026
footlogix nail tincture spray	T	 Dubai, United Arab Emirates	4	15	36	▼ 23	▼ 16	▼ 11	▼ 21	40	10000	/product/footlogix-anti-fungal-toe-spray	Jan 14, 2026
podiatrist dubai	N	 Dubai, United Arab Emirates	-	-	-	-	-	-	-	1,600	7100	/	Jan 14, 2026
comfortable shoes uae	T	 United Arab Emirates	-	-	-	-	-	-	-	-	-	/	Oct 21, 2025
reflexology slippers	I	 Dubai, United Arab Emirates	-	2	-	-	-	-	-	260	100	/	Jan 14, 2026
height boosting shoes	T	 Dubai, United Arab Emirates	-	-	-	-	-	-	-	20	10000	/	Jan 14, 2026
fersenpolster	N	 Dubai, United Arab Emirates	-	-	-	-	-	-	-	10	10000	/	Jan 14, 2026